

IJLAL HAYAT

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House 228-2K Phase 1 Armour Colony
Nowshera, 24100



EDUCATION

BS	ISM-IUK, MBBS International University of Kyrgyzstan	Sep 2022 – Till Date
BS	Rehman Medical Institute, Doctor of Physical Therapy Khyber Medical University	Sep 2020 – Sep 2022
HSSC	Concordia College Nowshera, FSC Pre-Medical Mardan Board	May 2018 – June 2020
SSC	Beaconhouse School System Nowshera, Metric in Sciences Mardan Board	April 2018

HONORS AND AWARDS

Brand Ambassador Brand Ambassador of Embassy of Pakistan, Bishkek Kyrgyzstan	March 2023 – Till now
Student Overseas Ambassador Student Overseas Ambassador of Shaukat Khanum Hospital for Kyrgyzstan.	January 2023 – Till now
Group Leader Group Leader Group - 1 of Class of 2027 at ISM-IUK.	2022 – Till now
Semester Head Head of Semester for Batch of 2027 at Student Council ISM-IUK.	January 2023 – March 2023
Batch Representative Batch Representative of class of 2025 at Rehman Medical Institute (RMI) Peshawar.	September 2020 – August 2022
National Youth Peace Award Holder National Youth Peace Award from HYV Foundation and Government of Pakistan.	November 2022
Letter of Appreciation Appreciation Letter for serving as Batch Representative and Member of University Societies from RCRS - RMI.	November 2022

Letter of Appreciation

November 2022

Appreciation Letter for serving as Volunteer in Youth Project from Rahnuma-FPAP Foundation Pakistan.

Appreciation Shield

September 2022

Appreciation Shield as Chair Person of Hayat Foundation from Khyber Medical University Peshawar KPK Pakistan on being Welfare Partner of KMU in World PT Day.

Appreciation Shield

August 2022

Appreciation Shield as Chair Person of Hayat Foundation from Deputy Commissioner Battagram, KPK Pakistan on Organizing Free Medical and Rehabilitation Camp.

Appreciation Shield

August 2022

Appreciation Shield as Chair Person of Hayat Foundation from President PMRO on Organizing Free Medical Camp in Peshawar.

Appreciation Shield

July 2022

Appreciation Shield as an Event Head of Talent Hunt 2.0 from Muaawin MVGP.

Letter of Appreciation

July 2022

Appreciation Letter for organizing Talent Hunt 2.0 from Muaawin.

Best Performance Award

July 2022

Best Performer of Event Award as an Event Head of Talent Hunt 2.0 from Muaawin MVGP.

Academic Scholarship

2018 - 2020

Academic Scholarship of 50% at HSSC Level.

Head Boy

2018 - 2020

Head Boy of College & Proctorial Board at Concordia College Nowshera.

Head Boy & Member Discipline Committee

2014 - 2018

Head Boy of School & Member of Discipline Committee at Beaconhouse School System Nowshera.

Certificates:

- Certificate of Appreciation at “World TB Day Seminar” at ISM-IUK.
- Certificate of Participation at “Breast Cancer Awareness” at ISM-IUK.
- Certification of Appreciation at “Talent Hunt 2.0” by Muaawin MVGP.
- Certificate of Participation at “4th National Research Conference” by Student Research Society, Rehman Medical College in PC Peshawar as Observer.
- Certificate of Participation at “7th Undergraduate Medical Conference” by Undergraduate Medical Forum Pakistan in Pak-Turk as Participant.
- Certificate of Appreciation at “71th Independence Day” by Deputy Commissioner VTF Nowshera in Nowshera as Event Manager.
- Certificate of Appreciation at “World Physical Therapy Day” by RCRS-RMI as Organizer.
- Certificate of Appreciation at “KP Digital Youth Summit” by KP IT Board as Organizer.

- Certificate of Appreciation at “Nowshera Youth & Cultural Sports Festival” by DC VTF Nowshera & District Sports Office in Nowshera as Organizer.

PRESENTATIONS AND INVITED LECTURES

Presentation, “Breast Cancer Awareness” Seminar on Breast Cancer at ISM-IUK, October 2022.

Presentation, “Covid-19,” Seminar on COVID at RMI, March 2020.

Speech, “Independence Day,” Independence Day at RMI, August 2020.

Speech, “Welcome Speech,” Welcome Party at RMI, November 2021.

Speech, “Personal Grooming and Development,” Debate Competition at Beaconhouse, 2018.

PROFESSIONAL TRAINING

Medical Camps

Muaawin e Sahat, PMRO, Hayat Foundation
Executive Member

Physical Therapy Camps

Pakistan Physio Society, PMRO, Hayat Foundation
Executive Member

Blood Donation Camps

Muaawin e Sahat, Shaukat Khanum Peshawar, Hayat Foundation
Ambassador and Executive Member

Model United Nation Conferences

By Young Leaders Model United Nation in Istanbul Turkey and Dubai
Attended as Delegate

PROFESSIONAL SERVICE

Chair Person / President

Hayat Foundation, July 2022 – Till Date

Chief Executive Officer

Host Events & Consultants, April 2016 – Till Date

Head Grooming and Self Confidence Domain

Muaawin e Ujala, June 2022 – Till Date

Vice President RCRS – RMI Social Welfare Society

RCRS – Rehman Medical Institute, February 2021 – August 2022

Member RCRS – RMI Literary Society

RCRS – Rehman Medical Institute, December 2020 – August 2022

Event Head Talent Hunt 2.0

Muaawin Volunteers Grooming Program, May 2021 – May 2022

Youth Minister for Education & Development Planning

Khyber Pakhtunkhwa Youth Assembly, October 2017 – October 2019

MPA

Member of Khyber Pakhtunkhwa Youth Assembly, October 2016 – October 2020

District Education Head Nowshera

National Youth Assembly of Pakistan, June 2014 – September 2016

MNA

Member of National Youth Assembly of Pakistan, February 2014 – September 2016

COMMUNITY SERVICE

Flood Drive by Hayat Foundation

Team Lead, Swat, Peshawar, Nowshera, Charsadda, DI Khan and DG Khan, Pakistan, April 2022

Ramzan Dastarkhwaan by Hope Pakistan

Organizer, Peshawar, Pakistan, April 2022

Ration Distribution

Organizer, Nowshera, April 2022

Digital Youth Summit 2021

Organizer, PC-Peshawar, Pakistan, November 2021

World Physical Therapy Day by RCRS-RMI

Organizer, RMI-Peshawar, Pakistan, September 2021

Ramzan Dastarkhwaan by Hope Pakistan

Organizer, Peshawar, Pakistan, May 2021

Ration Distribution

Organizer, Nowshera, May 2021

Azaadi Rally by Deputy Commissioner Office Nowshera

Event Manager, Nowshera, Pakistan, August 2020

Ramzan Dastarkhwaan by KPYA

Organizer, Pabbi, Pakistan, June 2020

Ration Distribution by KPYA

Organizer, Pabbi, Pakistan, June 2020

Event “Youth & Sports Cultural Festival” by Deputy Commissioner Office Nowshera
Organizer, Nowshera, Pakistan, August 2020

Ramzan Dastarkhwaan by Deputy Commissioner Office Nowshera
Organizer, Nowshera, Pakistan, June 2019

Azaadi Rally by Deputy Commissioner Office Nowshera
Organizer, Nowshera, Pakistan, August 2019

LANGUAGES

Pashto: Native Language

Urdu: National Language

English: Intermediate Listener, Novice Speaker, Advanced Reading and Writing

COMPUTER SKILLS

Applications: MS Word, MS Excel, MS Powerpoint, MS Office

HOBBIES

- Reading Books
- Cricket
- Chess
- Social Activities

REFERENCES

Yasir Shahzad

Uncle

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Ehtisham Hayat

Brother

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